

NOVEMBER - 2022

HOOKS HIGH & JUNIOR HIGH SCHOOL – LUNCH MENU

Tuesday	Wednesday	Thursday	Friday
1 Catfish Strips/Roll Corn Dog Oven Fries Pinto Beans Chilled Fruit *Choice of Milk	2 Chicken Chunks Steak Fingers Mashed Potatoes/Roll Green Beans Country Gravy Chilled Fruit *Choice of Milk	3 Cheeseburger Chicken Sandwich Sandwich Fixings Pork & Beans Curly Fries Chilled Fruit *Choice of Milk	4 Pepperoni Pizza Grilled Cheese Garden Salad/Ranch Sweet Corn Chilled Fruit Something Sweet *Choice of Milk
8 Spaghetti/Meat Sauce Chicken & Spaghetti Garden Salad/Ranch Glazed Carrots Garlic Bread Chilled Fruit *Choice of Milk	9 Hamburger/Cheese Chicken Sandwich Sandwich Fixings Pork & Beans Curly Fries Chilled Fruit *Choice of Milk	10 Corn Dog Grilled Cheese Baked Beans Baked Chips Chilled Fruit *Choice of Milk	11 BBQ Pork Sandwich Chili/Cheese Dog Ranch Beans Tator Tots Something Sweet Chilled Fruit *Choice of Milk
15 Hamburger/Cheese Chicken Sandwich Sandwich Fixings Waffle Fries Ranch Beans Chilled Fruit *Choice of Milk	16 Roasted Turkey/Gravy Baked Chicken/Roll Cornbread Dressing Mashed Potatoes Green Beans Fruit Salad Cranberry Sauce *Choice of Milk	17 Beef Goulash Chicken Alfredo Sweet Peas Glazed Carrots Garlic Bread Chilled Fruit *Choice of Milk	18 Pepperoni Pizza Corn Dog Veggie Cup/Ranch Sweet Corn Chilled Fruit *Choice of Milk
22 HOLIDAY	23 HOLIDAY	24 HOLIDAY	25 HOLIDAY
29 Chicken Strips/Roll Steak Fingers Mashed Potatoes/Gravy Seasoned Green Beans Chilled Fruit Choice of Milk*	30 Catfish Strips/Roll BBQ Pork Sandwich Pinto Beans Oven Fries Chilled Fruit Choice of Milk*		*MILK SERVED: 1% White FF Chocolate
	1 Catfish Strips/Roll Corn Dog Oven Fries Pinto Beans Chilled Fruit *Choice of Milk 8 Spaghetti/Meat Sauce Chicken & Spaghetti Garden Salad/Ranch Glazed Carrots Garlic Bread Chilled Fruit *Choice of Milk 15 Hamburger/Cheese Chicken Sandwich Sandwich Fixings Waffle Fries Ranch Beans Chilled Fruit *Choice of Milk 22 HOLIDAY 29 Chicken Strips/Roll Steak Fingers Mashed Potatoes/Gravy Seasoned Green Beans Chilled Fruit	12Catfish Strips/Roll Corn Dog Oven Fries Pinto Beans Chilled Fruit *Choice of MilkChicken Chunks Steak Fingers Mashed Potatoes/Roll Green Beans Country Gravy Chilled Fruit *Choice of Milk89Spaghetti/Meat Sauce Chicken & Spaghetti Garden Salad/Ranch Glazed Carrots Garlic Bread Chilled Fruit *Choice of Milk9159Hamburger/Cheese Chicken Sandwich Gardic Bread Chilled Fruit *Choice of Milk91516Hamburger/Cheese Chicken Sandwich Sandwich Fixings Waffle Fries Ranch Beans Chilled Fruit *Choice of Milk162223HOLIDAYA29 Otakes Fingers Mashed30Chicken Strips/Roll Steak Fingers Mashed3029 Otatoes/Gravy Seasoned Green Beans Chilled Fruit *Choice of Milk3029 State Fingers Mashed30Chicken Strips/Roll Steak Fingers Mashed30Chilled Fruit *Choice of Grean Beans Chilled Fruit *Choice of Milk3029 States/Fingers Mashed30Chilled Fruit Steak Fingers Mashed30Chilled Fruit Steak Fingers Chilled Fruit Choice of Milk*30	123Cartish Strips/Roll Corn Dog Oven Fries Pinto Beans Chilled Fruit *Choice of Milk23Cheseburger Mashed Potatoes/Roll Green Beans Country Gravy Chilled Fruit *Choice of Milk3Cheseburger Steak Fingers Outry Gravy Chilled Fruit *Choice of Milk23Spaghetti/Meat Sauce Chicken & Spaghetti Garden Salad/Ranch Glazed Carrots Garlie Bread Chilled Fruit *Choice of Milk91015 Hamburger/Cheese Chilled Fruit *Choice of Milk10 Corn Dog Grilled Cheese Baked Beans Dork & Beans Curly Fries Chilled Fruit *Choice of Milk10 Corn Dog Grilled Cheese Baked Beans Baked Chips Chilled Fruit *Choice of Milk15 Hamburger/Cheese Chicken Sandwich Sandwich Fixings Waffle Fries Ranch Beans Chilled Fruit *Choice of Milk17 Beef Goulash Chicken Alfredo Sweet Peas Glazed Carrots Green Beans Green Beans Chilled Fruit *Choice of Milk17 Beef Goulash Chicken Alfredo Sweet Peas Glazed Carrots Green Beans Chilled Fruit *Choice of Milk222324HOLIDAY10 Cariberry Sauce *Choice of Milk24HOLIDAY30 Catfish Strips/Roll BBQ Pork Sandwich Pinto Beans Over Fries Casandwich Steak Fingers Mashed30 Catfish Strips/Roll BBQ Pork Sandwich Pinto Beans Over Fries Chilled Fruit Chilled Fruit Chiled Fruit Chilled Fruit Chilled Fruit Chilled Fruit Chilled Fruit Chi

This institution is an equal opportunity provider.